



CERTIFIED PENETRATION TESTING PROFESSIONAL COURSE

Prepared By (CTO) SYNTHOQUEST

45 Days Duration

Duration: 45 days × 2 hrs/day = 90 hrs

Goal: Equip professionals to plan, execute, and report enterprise-level penetration tests across networks, applications, and systems.

Core Domains

1. Penetration Testing Methodology (15%)

- PT life cycle: Recon → Scanning → Exploitation → Post-exploitation → Reporting
- Legal, rules of engagement, and scope definition
- Risk-based assessment and prioritization

2. Reconnaissance & Information Gathering (15%)

- Passive recon: OSINT, footprinting, WHOIS, Shodan, public records
- Active recon: ping, port scanning, enumeration
- Subdomain discovery, DNS enumeration, service versioning

3. Scanning & Vulnerability Assessment (15%)

- Nmap, Masscan, Nessus, OpenVAS, Nikto, Burp Suite
- Identifying misconfigurations, open ports, outdated services
- Vulnerability verification & prioritization

4. Exploitation & Post-Exploitation (20%)

- Exploit frameworks: Metasploit, manual exploitation techniques
- Privilege escalation (Linux & Windows)
- Lateral movement, pivoting, maintaining access
- Credential dumping, keylogging, password attacks

5. Web & Application Penetration Testing (15%)

- OWASP Top 10 vulnerabilities
- SQLi, XSS, CSRF, RCE, file upload flaws
- Session management, authentication, and authorization bypasses
- Manual testing & automated tools

6. Network Penetration Testing (10%)

- LAN/WAN penetration techniques
- Firewall bypass, VPN exploitation, ARP poisoning, MITM
- Network sniffing and traffic analysis

7. Reporting & Remediation (10%)

- Executive summary, PoC documentation, technical findings
- Prioritization of vulnerabilities
- Recommendations, remediation guidance, and retest planning

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